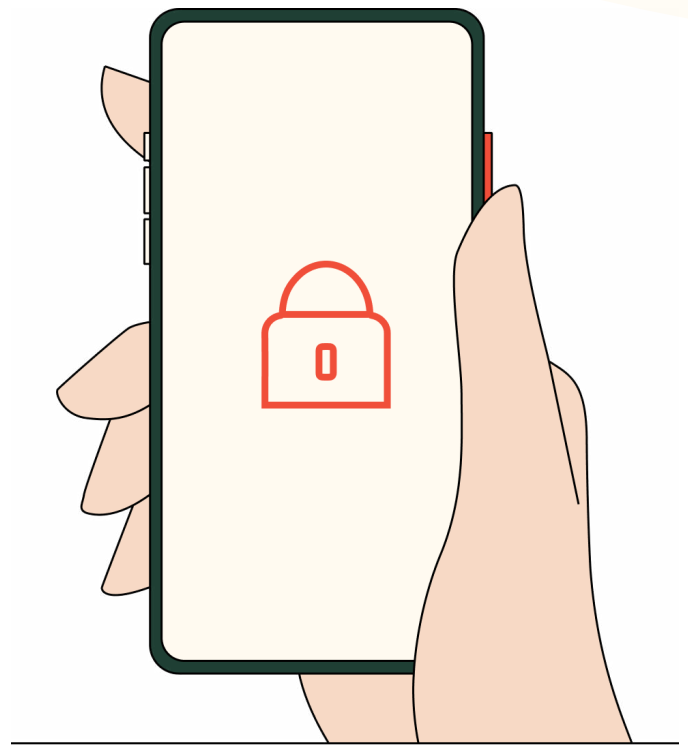


Feel safe in the Mindgram space

Mental health and well-being are very personal and confidential matters, so we put great emphasis on the security and protection of your data in Mindgram. You can use the platform anonymously and without restrictions. We constantly upgrade the system to keep our activities compliant with the latest safety standards. Remember that **your employer will not know if you are registering in Mindgram and how you use the platform.**

Safety

- **How is confidential data protected?** We protect your confidential data in accordance with European privacy protection regulations (GDPR).
- **Is chat safe?** Your chat messages are fully coded with a special algorithm and secured with an individual private key.
- **Who can see the messages in your chat?** Only you, the psychologist and the psychotherapist responsible for chat supervision, have access to the conversation.
- **Are chat messages being deleted?** The chat history is deleted 28 days after the last activity.
- You can also delete the chat history or selected message yourself at any time.



Detailed information on the security of the Mindgram platform and the processing of personal data is available on our website: www.mindgram.com in [Terms and Conditions of the Mindgram Platform](#) and [Privacy Policy](#).

Anonymity

- Your employer does not receive information from us on whether and how you use the platform.
- Your personal data and registration data are safe with us; we do not convey them to anyone. Your employer only receives a monthly report from us, displaying how many people in total use Mindgram.
- You can remain anonymous during the workshops by using a nickname instead of your first and last name. The use of the camera, microphone and chat is optional.
- Conversations with specialists are led in accordance with the confidentiality policy.



Register your account now at:
app.mindgram.com

Invite colleagues or **one adult family member/friend** to use the platform. You can send an invitation by logging into your account on the app: app.mindgram.com, under “Profile”.

Remember! In Mindgram, we care about data security, discretion and confidentiality. Your employer will not know if and how you use the platform. Register your account now at: app.mindgram.com



Unlimited access



Multilingual version



Access for family/friends



Data security and confidentiality



Do you have questions? The Mindgram team will be happy to help you.
Technical support: customercare@mindgram.com